



Patients Group

SPITAL SURGERY PATIENTS GROUP

MEETING MINUTES - THURSDAY, 6<sup>th</sup> MARCH

CHARLOTTE HOUSE, BEBINGTON 1.00 PM

ATTENDEES

Steve Evans (Chairman), Emma Hadwin (Practice Manager), Pat Carter and Niki Simmons (Long Covid Case Manager).

APOLOGIES

Na'amat Little, Heather Wrigley, Ian Wrigley, Bob Wright, Susan Milner, Cheryl Peers, Doreen Garrett, Tricia Harrison, Mary Jordan and Austin Joynson.

NOTIFICATION OF NON-QUORATE MEETING

This meeting was not quorate due to insufficient members being present (4 members of the group required). Therefore, no actions can be taken, however all information given is still recorded as usual.

RATIFICATION OF LAST MINUTES & MATTERS ARISING

The minutes were provisionally ratified and passed as a true record after adjustment to remove Bob Wright from the attendee list. These minutes will be fully ratified in the May meeting when the meeting is quorate.

PRESENTATION BY NIKI SIMMONS - LONG COVID CASELOAD MANAGER

Niki Simmons gave an interesting talk on Long Covid and how it affects people. Briefly, it is a blockage in your cells stopping signals to your natural immune system.

Covid usually targets those with a low immune system. The Covid antibody in your body is not working for 7% of the population. Hence the high numbers of people reporting Long Covid. Clinics combat that by teaching people 'pacing.' Then, hopefully, in time your body adapts, and you eventually recover, with the aid of an exercise program in most cases.

Unfortunately, the Wirral Long Covid scheme is closing due to lack of funding. However, other clinics exist, including the Long Covid Fatigue Service at Broadgreen, One Wirral CIC patient led clinics, Wirral Connect-Us and Flourish Hub (via Citizens Advice Bureau).

A Wirral Long Covid Support Group can be contacted too, they meet monthly on the first Tuesday of every month at St Luke's Church, Breck Road, Wallasey or you can email them on [longcovidwirral@gmail.com](mailto:longcovidwirral@gmail.com).

### CHAIRMAN'S UPDATE

#### WUTH TRUST

Masks are no longer needed to be worn in the ED at WUTH now that the recent winter illnesses and viruses have eased.

#### ACTIVE WIRRAL

There is an Active Wirral presentation about health and wellbeing by Sonia Carty with guest speakers. It is for everybody who would like to attend the Floral Pavilion on February 21<sup>st</sup> from 9am until 12.30pm. Booking via Eventbrite is required.

### GENERAL PRACTICE UPDATE

Emma was due to give an update and get patients views on the Change NHS Local engagement Plan - this is postponed until the next meeting.

The Pharmacist from the chemist next door to the surgery is now supporting the surgery once a week as a Clinical Pharmacist locum. This is proving to be an immense help whilst a full-time Clinical Pharmacist is sourced.

There will be a review of our Extended Access appointments in the coming months to provide more evening and weekend appointments following the results of a patient survey. Thank you to all patients who completed this via our website.

The new GP contract was released last week with an increase of 7.2% to core funds. However, with the increase in NI and NLW contributions, this is an actual increase of only 4.8%.

Can patients please return any borrowed blood pressure monitors to the surgery as soon as possible?

Spital Surgery is one of ten surgeries taking part in a pilot service in May for six months with the muscular skeletal service (MSK). Patients will self-refer to physiotherapy.

Spring Covid boosters are due again for eligible patients in April. Details will follow in due course.

Could patients who have a chronic condition and are on a risk register please make sure that they attend their annual check. They have invited some patients several times and still have not received a response or a booking from them.

To help cope with winter pressures, several patients were sent to the respiratory hub at Sunlight Practice. That service came to an end on 28<sup>th</sup> February.

Berry's, the company responsible for maintenance of the surgery building, are replacing the three badly leaking windows and frames in the corridor leading to the annex room (old Dr. Hortop surgery). Emma is still awaiting news from the landlord re. planning permission for solar panels and cladding.

A premises costing has been done to build a new room in the current building to provide an additional clinical room and more flexibility within the surgery, as they struggle to accommodate day-to-day requirements. They aim to make the reception area smaller to accommodate an extra consulting room.

## DNA FIGURES

DNA figures for October are:

GP - 14 appointments (220 in the last year) = 3.5 hours

Nurse 18 appointments = 6 hours

Face to Face GP appointments = 746

GP Telephone consultations = 526

Average Weekly Telephone Calls Received in February = 619

Average waiting time for calls to be answered = 3'.26"

## SURGERY TRAINING UPDATES

There will be out of hours cover from 1:00pm until close.

2025 - PLT

Tuesday 25<sup>th</sup> March 2025

Thursday 26<sup>th</sup> June 2025

Wednesday 15<sup>th</sup> October 2025

2025 - Primary Care Forum

Wednesday 21<sup>st</sup> May 2025

Tuesday 8<sup>th</sup> July 2025

Thursday 18<sup>th</sup> September 2025

AOB

The next presentation is scheduled to be from Branch and Phillipa Tree

### DATE OF NEXT MEETING

Our next meeting - this is scheduled to be held on 1<sup>st</sup> May, but due to the local elections that day and VE Day on the 8<sup>th</sup>, we will hold it on **Thursday 15<sup>th</sup> May 2025 at 1:00pm at Charlotte House**. The Speaker will hopefully be Phillipa Tree from Branch.

An email a week before the May meeting will be sent out with an agenda and previous minutes asking for any other ideas or points you may wish to add and will also include details of the presentation.

If any members have any queries or comments about these minutes, please feel free to contact us by E-mailing Steve on [stephenevans03@hotmail.co.uk](mailto:stephenevans03@hotmail.co.uk)