

Community Shops

You can buy fresh food at a low price at the following locations

Wallasey

The Young Peoples Hall
97 Poulton Road
Wallasey, CH44 9DE
Open Mon—Fri 10.00am to 12.30 p.m.

Rock Ferry

Neo Cafe
Beaconsfield Community House,
Rock Ferry, CH42 3YN
Open
Tues 1pm to 3.00pm
Wed 11am to 3.30pm
Fri 5pm to 7.00pm

New Ferry

New Beginnings
36, Bebington Road
New Ferry, CH62 5BH
Open Mon—Fri 12 noon

Woodchurch

Carr Bridge Community Centre
Carrbridge Road
Woodchurch, CH49 8EU
Tuesday 11.00am & Thursday 12.30pm

Wirral Council Local Welfare Assist

The Local Welfare Assistance (LWA) Scheme provides a safety net to Wirral residents in the case of a disaster or emergency. It is there to meet one-off needs and not ongoing expenses, and therefore only one award will be made in any two year period.

**Applications need to be made
on-line**

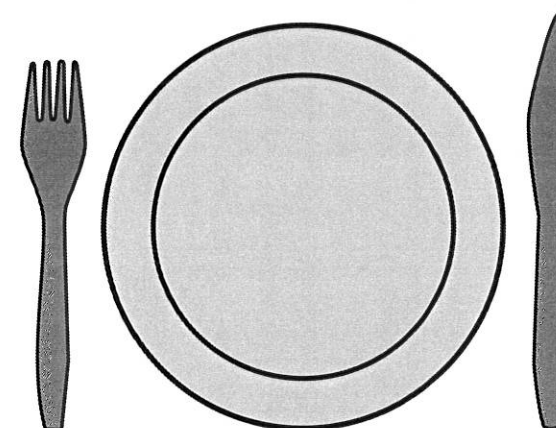
www.wirral.gov.uk/benefits-and-money/local-welfare-assistance

Wirral Food Bank
Unit 14
Wirral Business Centre
Dock Road
Birkenhead
CH41 1JW

Telephone: 0151 638 7090

Email:
enquiries@wirralfoodbank.org.uk
Web: www.wirral.foodbank.org.uk

Charitable Incorporated Organisation registered in England
with charity number 1167967



**Fresh
and
Cooked Food**

Restoring Dignity, Reviving Hope

Breakfast/Lunch

Hot meals provided at the following locations
All meals free of charge

Available at
Charles Thompson Mission,
Hemingford Street,
Birkenhead

Mon-Fri 7am-9am (for the homeless)
Mon-9am-1pm (open to all)
Tue-9am-1pm (open to all)
Wed-9am-11am (open to all)
Thu-9am-1pm (open to all)
Fri-9am-12pm (open to all)
Sat-7.30am-9.00am (open to all)

Available at
Place in the Park
Central Park Wallasey,
Liscard Road

Mon-10am-3pm
Fri-10am-2pm

Evening

Hot meals provided at the following locations
All meals free of charge

Available at
Salvation Army,
Vincent Street,
Birkenhead

Thu 6.30pm-7.15pm
Sun 7.00pm-7.30pm

Available at
Charles Thompson Mission,
Hemingford Street,
Birkenhead

Mon 5.30pm-8.00pm
Tue 5.30pm-8.00pm

Available at
Place in the Park
Central Park Wallasey,
Liscard Road

Wed & Thu-4pm to 6pm

Hope for the Hungry

Outside Birkenhead Town Hall,
Thu 7pm-8pm

Community Shops

You can buy fresh food at a low price at the following locations

Birkenhead

People's Pantry
North Birkenhead Development Trust,
St James Centre,
344 Laird Street
Birkenhead, CH41 7AL
Wed 1.00pm - 2.30pm *
Fri 9.30am-2.30pm
**chilled food available*

Make it Happen
72 Market street
Birkenhead, CH41 7BT
Mon-Fri 9.30am-4.00pm

Gautby Road Play Community Centre
69 Gautby Road
Birkenhead, CH41 7DS
Friday 1pm-3pm

Hope for the Hungry
29-31 Clover Drive
Bidston Rise
Friday 5.30pm-7.00pm

Livingstone Community Centre
130 St Annes Street
Birkenhead, CH41 3HX
Tues-Fri 10am-4.00pm



St Vincent
de Paul Society
England and Wales
Turning Concern into Action

The SVP is dedicated to helping combat poverty. The main ways it does this is by befriending people and providing moral and practical support to those in need through personal contact.

They provide*:

- ◆ Pre-owned furniture
- ◆ Microwaves
- ◆ Cookers
- ◆ Fridge/Freezer

Please contact Rose Mullarkey on:

07905952798

or visit our website:

Contact us :

Wirral Food Bank
Unit 14
Wirral Business Centre
Dock Road
Birkenhead
CH41 1JW

Telephone: 0151 638 7090

Email: enquiries@wirralfoodbank.org.uk
Web: www.wirral.foodbank.org.uk

Charitable incorporated organisation

Local Information:



EMERGENCY FOOD FOR LOCAL



St Vincent
de Paul Society
England and Wales
Turning Concern into Action



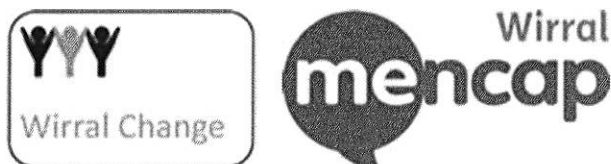
Ask Us Wirral

Do you need further
help?

Restoring Dignity Reviving Hope

Ask Us Wirral

Delivered in partnership by



Ask Us Wirral

Whoever you are
Whatever the problem
Information and Advice to help,
including:

- ◆ Benefits
- ◆ Relationships
- ◆ Law & Rights
- ◆ Consumer
- ◆ Debt & Money
- ◆ Education
- ◆ Tax
- ◆ Healthcare

Get 24hrs information by visiting

www.askuswirral.org.uk

You can also contact us on

0300 33 00 111

Mon–Fri 9am–4.45pm

ENERGY PROJECTS PLUS

towards a sustainable future

Energy Project Plus offers free home energy checks to anyone who is vulnerable to living in a cold home:

- ◆ Over 65's
- ◆ Children under 5
- ◆ Pregnant women
- ◆ Health condition affected by the cold

Their expert advisors will help you:

- ◆ Switch to a cheaper tariff
- ◆ Identify cost saving improvements to your home, and help you find funding to install them.
- ◆ Check you are receiving the right benefits
- ◆ Provide advice about the most efficient way to heat your home.

Contact free on